

Family Values in Action

2023 Annual Impact Report

**Proudly part of
your community...**



Hôpital St-Boniface Hospital
FONDATION • FOUNDATION

Do you practice being so wonderful? Thank you.

More than **11,000 gifts supporting patient care and medical research at St. Boniface Hospital** were made to the Foundation in 2023. Thank you!

Mission

The mission of St. Boniface Hospital Foundation is to raise funds to support excellence in health care and research at St. Boniface Hospital in a manner that is guided by the legacy and values of the Grey Nuns.

Vision

St. Boniface Hospital Foundation will be at the forefront of fundraising to promote excellence in health care and research to create a healthier society.

C1026 – 409 Taché Avenue

Winnipeg, MB R2H 2A6

Open weekdays: 8:00 a.m. to 4:00 p.m.

204-237-2067 or 1-866-472-4682

info@stbhf.org

bealifeline.ca



Writers: Jess Gabla, Nigel Moore, Lisa Thomson Stifora, Kate Yacula

Design: Bounce Design

Printing: Prolific Group

Photography: Jess Gabla, Nigel Moore, Kelly Morton, Tony Nardella

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**Ruth, Miriam,
and Martin Bergen.**

On the cover:

Doris Gietz (pictured) is an executor of her late cousin Miriam Bergen's estate.



What a Nice Surprise!

Your generosity surprised and delighted me in 2023.

You and your fellow Manitobans really stepped up last year to make an impact on patient care and medical research at St. Boniface Hospital. In the face of challenging economic circumstances, you still said, *"Yes! I am passionate about creating a healthier society."*

The fact that you picked St. B always humbles me, even after all the years – I won't say how many! – that I have worked in the non-profit fundraising field. Out of all the charities you could choose, you embraced the feeling that you can make a lasting impact on the Hospital.

I can imagine that local philanthropist and business leader Miriam Bergen had a similar feeling when she decided to leave a \$10 million gift to St. Boniface Hospital in her estate. Miriam passed away in January of 2022, and the executors of her estate told the Foundation of her bequest on November 15th, National Philanthropy Day. I will never forget it.

We were left in awe and wonder that Miriam thought so highly of St. B and her relationship with the Hospital that she would leave a gift of that magnitude. Our Foundation was one of only a few local charities she named in her estate for a direct donation. (From the same estate, Miriam also left the largest gift ever made to a Canadian charity by an individual: more than \$500 million to The Winnipeg Foundation.)

But we are not just talking about Miriam's gift here; we are talking about the Bergen family legacy at the Hospital. Her parents, Martin and Ruth, made an important gift here almost 20 years ago that named the Bergen Cardiac Care Centre at St. Boniface Hospital. The Bergen family legacy was important to Miriam; it feels good to recognize her family's impact now.

To Miriam, and to you, I would say thank you for continuing to delight us with your kindness.



Land and Water Acknowledgement

St. Boniface Hospital Foundation is located on the traditional territories of the Anishinaabe, Cree, Oji-Cree, Dakota, and Dene peoples, and on the national homeland of the Red River Métis. We acknowledge that our water is sourced from Shoal Lake 40 First Nation.

We respect the treaties that were made on these territories, and we acknowledge the harms and mistakes of the past.

Recognizing that we are all treaty people, we dedicate our efforts towards a more loving and compassionate world as we all move forward in a spirit of reconciliation and collaboration.

Your Impact

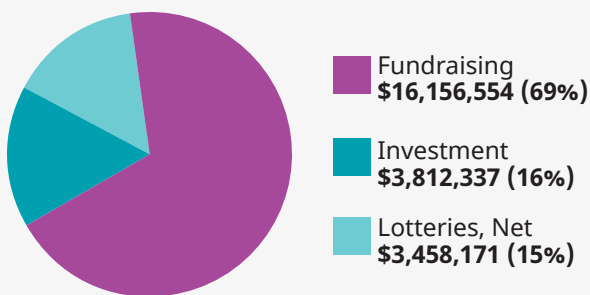
You made amazing things happen in 2023

St. Boniface Hospital Foundation has raised more than **\$304 million** since 1971.

Your gifts have had a profound impact on the tens of thousands of patients and their families who depend on St. Boniface Hospital each year. Thank you.

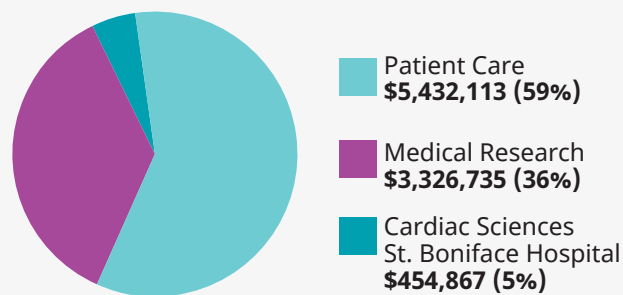


Funds Raised (Revenue)



You and thousands of like-minded donors gave a total of **\$23,427,062** in 2023.

Funds Granted



Thanks to you, the Foundation granted a total of **\$9,213,715** in 2023.

Your Gifts in Action

You made a \$9.2 million impact on St. B in 2023

You helped the circle to grow

\$250,000 Granted towards Truth & Reconciliation initiatives

Ryan Thomas (at right), Truth and Reconciliation Specialist, St. Boniface Hospital:

"Before I started last year, St. Boniface Hospital was already holding a monthly communal smudge ceremony in the Everett Atrium. I make a point to participate each month."

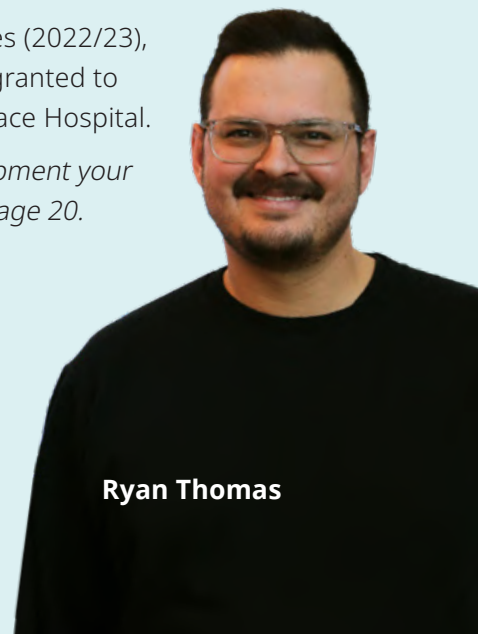
"I have noticed the circle is getting bigger the longer that we're doing it. I always think the gatherings that we get happen for a reason and those who attend are meant to. Patients want to find some hope and healing, and they want to share a moment with somebody."

Read about the ways your gifts created space for Indigenous visitors to feel at home on page 8.

You were the beating heart of St. B

1,071 cardiac surgery cases (2022/23), many aided by \$454,867 granted to Cardiac Sciences St. Boniface Hospital.

Read about vital new equipment your gifts funded last year on page 20.



Ryan Thomas

You made St. B:

Number 1 in Western Canada for Year 12!

For the 12th year in a row, St. Boniface Hospital was among Canada's leading research hospitals, taking the number 1 spot in Western Canada in February of 2024. St. B ranked in the top five nationally in the small hospital category, according to data released by Research Infosource Inc. Canada's source of R&D intelligence.

"We have a great team of researchers, engaged in studies from the lab bench to the bedside, and covering science, medicine, health and wellness from a wide variety of perspectives," said Dr. Michael Czubyrt, Executive Director of Research at St. Boniface Hospital.

"The support received from our partners, including the Foundation and the people of our community, makes this work possible. We are pleased and proud to see this recognition of the impactful work carried out at St. Boniface Hospital Research."

St. Boniface Hospital has always recognized the power of the research discoveries and potential interventions the talented cardiac, brain, food sciences and clinical research teams are pursuing.

See pages 19 and 25 for more on our brilliant researchers.

Thank you for supporting groundbreaking medical research at St. Boniface Hospital.



Your compassion in action

768 hours played by visiting musicians contributed to a vibrant campus thanks to your support.

\$20,000 granted to the Patient Compassionate Fund, ensures no one has to go out into the cold.

Learn how funds like this empower St. B staff to provide holistic care on page 7.



Anne-Marie Williot, singer-songwriter and accordionist, in the Everett Atrium.



You funded discoveries that will be tomorrow's cures

\$3,326,735 in grants powered courageous innovation at the Albrechtsen Research Centre and Asper Clinical Research Institute. Your investment supported brilliant scientists like Dr. Inna Rabinovich-Nikitin.

Learn how her research will save more women on page 19.

69 students work at the Albrechtsen Research Centre. Your gifts resulted in \$115,714 in grants to develop a new generation of exceptional scientists.

Meet one of them, Sikta Chattopadhyaya, on page 10.

You are building:

A Bigger, Brighter, and Better Emergency Department

**Because of you, the future is brighter at
St. Boniface Hospital.**

Overwhelming support for our Emergency Department campaign was tripled throughout November and December, thanks to matching gifts from Canada Life and Maple Leaf Construction Ltd. Together, your year-end impact totalled more than half a million dollars for a larger waiting area, a dedicated mental health space, more private patient rooms, easier access to expert cardiac care, private bereavement and palliative rooms, and so much more.

“Without you, this wouldn’t be possible.”

Nicole Aminot, Hospital President and CEO, emphasized the revitalized Emergency Department will have a significantly positive impact on both patient care and staff experience.

“Being one of only three emergency departments in the city, this project is long overdue,” remarked Aminot. “We’re so grateful for the generosity of our donors. Without you, this wouldn’t be possible.”

Significant progress was made in the construction, which is now over 70 per cent complete. The concrete slabs and groundwork for the mechanical penthouse were completed at the beginning of 2023.

The foundation work was finished, which allowed crews to begin framing both exterior and interior walls, and drywall work was started. Construction will continue through 2025.

Thank you for supporting emergency care for all Manitobans at St. Boniface Hospital.



Did you know?

- A police escort was needed to move the 220-tonne crane along Taché Avenue.
- The new mechanical penthouse will house two air handling units to circulate air within the Emergency Department. At full power, these units could inflate five commercial hot air balloons per hour.
- From May until September alone, 90,000 worker hours were spent on site.

Your threads of compassion:

Supporting the Dignity of Patients in Need

When Manitobans need help, health care professionals at St. Boniface Hospital consider the whole person.

The Patient Compassionate Fund was established to empower health-care providers to answer the often complex needs of patients. The Fund is rooted in compassion, trust, and respect, and allows staff to go above and beyond when they encounter anyone requiring extra support.

In Winnipeg,
1 in 8 people are living in poverty,
and struggle on a daily basis to put food
on the table or a roof over their heads.

Source: City of Winnipeg

Compassionate care and a holistic approach go hand in hand at St. B. Keeping in mind that some patients may face extra challenges beyond the Hospital's walls, in March of 2023 the Hospital set up a Clothing Donation Room generously funded by the Paterson Family Foundation.

Many mental health and emergency patients are living at or below the poverty line. For staff, being able to provide them with clean, dry, and warm clothing, shoes, and other items can make all the difference. Something so simple can improve their odds of staying safe and healthy after they leave the Hospital.

"For a patient without adequate clothing or a home to go back to, it can be anxiety-inducing. When they find out that we're able to provide something, to eliminate some of that fear, they're always so grateful," said Paul Holbrook, a Spiritual Care Provider at the Hospital. "It's just one less thing for them to worry about. Having this readily available is huge in helping to create a feeling of safety to do the healing that they need to do."

The Clothing Donation Room can help an estimated 300-400 patients each year. You are offering better outcomes and supporting the dignity of patients in need within our community. Thank you for creating conditions in which compassion can thrive at St. Boniface Hospital.

You are putting patients' anxiety to rest by providing practical solutions. Thank you.



Spiritual Care Provider Paul Holbrook in the Clothing Donation Room at St. Boniface Hospital, funded by the Paterson Family Foundation.

You are a part of:

Advancing Truth and Reconciliation

Better and stronger supports are in place at St. Boniface Hospital for Indigenous patients and their families, thanks to you.

The Hospital's Indigenous Health Family Room is located in a space that opened in January of 2022, down the hall from Volunteer Services and across from Patient Registration.

Inside the Family Room, Suzanne Mozdzen, former Site Co-ordinator, WRHA Indigenous Health at St. Boniface Hospital, described the space as an important part of the supports she and her colleagues provide.

Many Indigenous patients and their families come to St. B for treatment from outside of Winnipeg, she explained. These are often medical evacuation (medivac) patients from Northern communities, and those in the Emergency Department or Palliative Care.

Reminding visitors of home

"The Family Room is a sensory space," said Mozdzen. "They've left their communities, and they can feel at home here. Sometimes they are here for sad reasons; it's good for them to be in a space that is calming and

reminds them of home." Indigenous visitors from remote communities can experience sensory overload in the busy Hospital, she noted, and may need a place to calm themselves.

"They can feel at home here."

Your generosity made it possible for Indigenous Health to renovate the Family Room in the summer of 2023. The most striking new feature is a mural painted in September by local graffiti artist Justin Poirier (a.k.a. ZedOne Manitoba Bison), who identifies as Indigenous. A nighttime wilderness scene on four walls, the mural depicts the traditional seven sacred teachings and Aurora Borealis made with paint that glows under black lights placed in the room.

"The Family Room is another ceremonial space for families because there are teachings in the room," said Mozdzen.

Thank you for making St. Boniface an inclusive and welcoming place that is "our hospital, for all."



From left: Ryan Thomas, Truth and Reconciliation Specialist, St. Boniface Hospital, with Suzanne Mozdzen, former Site Co-ordinator, WRHA Indigenous Health, in the Indigenous Health Family Room.

Love of Science Takes Flight

Community sponsors brought northern students to RBC Youth BIOLab Jeunesse

If handling pigs' hearts and sheep's brains grossed them out, the smiles on their faces did not let it show.

Students from the remote community of Brochet in Northern Manitoba were introduced to authentic, hands-on science experiences in Winnipeg in March of 2023. This was thanks to a generous in-kind donation from Winnipeg's Exchange Income Corporation (EIC).

The Brochet youth and their two chaperones joined dozens of others from Frontier School Division, which spans nearly 75 per cent of the province and is organized into five Areas. Students in Grades 2 to 8 came on a field trip to the RBC Youth BIOLab Jeunesse in the St. Boniface Hospital Albrechtsen Research Centre.

The kids looked at both mouse heart cells and cells swabbed from their own cheeks under microscopes. They also handled and examined animal hearts and preserved brains.

"The Youth BIOLab is a place where kids can fall in love with science."

EIC subsidiary Perimeter Aviation flew the group from Brochet School to Winnipeg. The trip to Winnipeg was a way for the kids from Brochet to see and try things they might not have access to otherwise.

"School introduces students to opportunities they can pursue, but I think the Youth BIOLab is a place where kids can fall in love with science," said Charity Scantlebury, Director of Marketing and Communications at Perimeter Aviation.

Program was repeated in early 2024

More than 80 students in Grades 4 to 10 visited the Youth BIOLab again in February of 2024.

Funding for their travel and accommodations was covered by pre-pandemic gifts made to the Youth BIOLab by the Manitoba Métis Federation and Manitoba Metis Heritage Fund, with special flights again provided by Exchange Income Corporation.

EIC subsidiaries Calm Air and Perimeter Aviation flew in students and their teachers from Churchill and Lynn Lake, respectively. Other Northern Manitoba communities that were represented included Grand Rapids, Norway House, and Dauphin River, among others.

Thank you for providing authentic science experiences to youth from across Manitoba.



Students from Frontier School Division visited the RCB Youth BIOLab Jeunesse at St. Boniface Hospital Albrechtsen Research Centre in March of 2023, and again in February of 2024.

With your help:

Student Researchers are Following their Dreams

University of Manitoba student researchers are closer than ever to making the scientific breakthroughs they've dreamed of, thanks to you.

Many of them who are studying in laboratories at St. Boniface Hospital Albrechtsen Research Centre received endowed student awards to support their work in 2023.

Sikta Chattopadhyaya is one of them. A PhD student from India, she received the inaugural Berdie and Irvin Cohen (BERVIN) Scholarship in November 2022. The scholarship was made possible through the endowment fund of the same name, stewarded by the Foundation.

Chattopadhyaya's work is focused on understanding the pathway of cardiac fibrosis and finding treatment options for it. She is part of Dr. Michael Czubyry's Molecular Pathophysiology lab in the Institute of Cardiovascular Sciences.

She is grateful to the Cohen family for honouring her. "Research is a bumpy path. We have successes and failures," she explained. "Sometimes we get the results we are looking for. Other times, you can spend months trying to figure out what went wrong, or why something isn't working. Self-doubt is normal in the field of research."

The scholarship was a spark of hope, she said. "It said to me, yes, I am deserving, and my work might be able to make a difference in this world. The Cohens have made a huge difference in my life and made me realize that, yes, I can do it."

Chattopadhyaya used the scholarship money to buy herself a state-of-the-art HP laptop with a 3D touchscreen, and an external hard drive. "The laptop I had before was outdated and slowing me down," she said. "I have noticed a significant difference in performance with the new one."

PhD students use their laptops for reading and assignments, giving presentations, analyzing data and advanced graph analysis, and at conferences. "Laptops are like oxygen to us. We cannot live without them," she said. Chattopadhyaya explained that the digital images she creates for her research are huge files, up to 1 GB each, requiring the massive storage and processing capacity her new hardware offers.

Thank you for supporting the next generation of researchers at St. Boniface Hospital.



PhD student Sikta Chattopadhyaya received the Berdie and Irvin Cohen (BERVIN) Scholarship, drawn from the endowment fund of the same name.

Legacy of Hope Society



By leaving a gift in your estate, you are joining other kind-hearted people who have shown love and generosity to patients, caregivers, and researchers they may never meet.

St. Boniface Hospital Foundation warmly welcomed 14 new Legacy of Hope Society members in 2023. Our thanks to them and to others listed here, as of December 31, 2023.



P. Joyce Aitken
Jack Aron & Aline Trudeau-Aron†
Carol Babiak♦
Ron Bailey♦
Judy Balabas
Therese, Boris &
Susan Balamatowski†
Gisèle & Norman Barnabé♦
Richard Barrett
In the memory of Peter and
Martha Batiuk†
Wayne Beatty♦
Gwendoline Beelaert†
Virginia Beelaert
Grace Beischer†
Mrs Ruth Bellan†
Mr & Ms Paul Berard
Miram Bergen†
Martin & Ada Berney†
Mr Paul Besler
Mary Ruth Bodnar†
P.M. Bordian
Mr Ron Borys
Ted & Helen Breuer
Yvonne Brockhausen†
Suzanne Bryner
Ernst & Hildegard Buhle†
Mr Mark Calvez
Linda M. Clarke
Fernand Combaz†
Brian & Barbara Crow
Ellen Curr†
Marcel Decock†
Diane Denischuk♦
Helen M. Dennehy†
J.A. Roland DesAutels
Marie-Rose Desorcy†
Ruth Diamond & the late
Samuel Diamond
Anton & Susan Dueck
Albert J. Duseigne†
Mary A. Duval†
Estate of Mary Jean Epp†
Linda Dianne Everitt
Leola Ferguson†
Dr John Foerster†
Dr & Mrs Kevin Ford†
Gabriel J. & Marcelle Forest

Karen & Kent Fowler♦
Lucile Freynet†
Lydia Gammon†
Donalda Ann Gibb†
Kris Gladwell
Denis Gobeil†
Barbara G. Godfrey
Doris Gray†
Ms L. Gray
Mr John D. Green
Mrs Evelyn Griffiths†
Judith B. Hall
Mrs Antoinette Handler
Ellen & Albert Hanson†
Don & Mary Hanson♦
Claire Marie Beatrice Hebert †
Irma Hild†
Dick & Barbara Hoy
Richard Hughes
Alice Hurd†
Kathleen Huycke (née Doyle)
Gloria Jones
Dr & Mrs L.H. Kahane
Mr & Mrs Walter Kaminsky
Carmen Kaufman†
M. Genevieve Kemp†
John D. Kennedy
Gloria Kilosky†
Dwaine & Leslie King
Spencer Charles King
Mr & Mrs R. Klippenstein
Mr & Mrs Peter Kohut
John Peter Kolodka†
A. Nora Konantz†
Lucy Krasowski†
Linda J. Krupinski
Gerry & Johanna Kuik
Christiane & Charles LaFlèche
Mrs Janet LaForest†
Mr & Mrs Fred Land†
Dr Harry & Deanne Lander†
Margret & Wilfred Lerner†
Bertha Leeder†
Mr Gary Leeming
Morley Lertzman M.D.
Ms Linda A Lindsay &
Mr Craig Jackson

Molly Litsky†
Muriel & George Loeppky
Mrs Val Loewen
Beryl Long†
Anton Lukas Ph.D.
Eleanor MacDonald
Dr Brendan MacDougall
Elda Macki
Marie Maguet
Michael Malech†
Nasser A. Malik
Alan S. Malmgren†
Blair M. Mason
Stanley Albert Matthew†
Maureen and Hugh Taggart♦
Ruth A. McCutcheon†
Vernon & Barbara McGregor
Noreen S. McPhail†
Barrie & Marvella McPherson, CM
Barrie & Marvella McPherson
Marion G. McRuer†
Reta Evelyn McRuer†
Nancy & Carmine Militano
June Milne
Isabel Mitchell
Joseph & G. Patricia Morrison†
Randall Morrison
Marlene A. Mortimer
John & Dolores Morton†
Clare & Shirley Moster
Mr & Mrs Paul Mowdy†
Peter Neve†
Gene Dufty Odell†
Leonard Paul Offrowich
Ms Heather Olynick
Patricia & Greg Ozechowsky
Michael & Gloria Pitman♦
Paula & Ralph Prier†
John M. Prokipchuk†
Willie & Edyth Pryor
Mr L. Anthony Quaglia
Mr & Mrs Ulo Raabe
Joan Rebeiro in memory of Bert
Andre & Violette Rebiffe†
Heather Reichert and
Dwayne Rutherford♦
Estate of Anne Reimer†

Ben Reimer
Victor & Cheryl Reynolds†
Gordon C. Richardson
Mrs Marion Rizok†
Gilbert & Jeannine Robert
Ann Roehl
Irène Rosset†
Paul & Rose Rudko†
Alfred Saler†
Catherine M. Savage
WW Shepherd & BK Vane
Michael Shore
Burle Silverman
Clark Sinnott
Lorraine Smith†
Mrs Nell Smith
Jean Sorko
Robert & Diane Sparrow
Marjorie Spence†
Dianne Stanley†
Mary-Ann Stewart
Anne Stewart†
Mr Joel Stewart
Stephanie Stoter†
William Sutherland†
Margaret K. Thompson
Dr Ian R. Thomson
Wayne Brian Topping
Coleman Louis Velin & Evelyn Velin†
Teresa & Donald D. Wareham
Kenneth Edward Glen Weedon†
Margaret Eileen Weir†
Mr & Mrs Leslie West
Kenneth L. Wiens
Albert & Sindee Wilhelmer
James & Wilhelmina Williamson†
Paul Woytiuk†
Wyrzykowski Family
Mary Louise Young†
Sam & Kay Yuar†
Anonymous (36)

♦ **New society member**
† **Legacies fulfilled**

A Family's Legacy of Love

A generous but quiet philanthropist, Miriam Bergen shunned the spotlight

In leaving the largest-ever gift made by an individual to St. Boniface Hospital Foundation, Miriam Bergen followed the example set by her parents Martin and Ruth Bergen.

Miriam, who died in January of 2022, left a \$10 million bequest to the Hospital in her estate, with half going to the new Emergency Department and half to the Cardiac Sciences Program at St. B.

If she was asked about her generous gift today, Bergen herself would refer it back to her beloved parents, according to Doris Gietz, Bergen's younger cousin on her maternal side.



"Miriam would say, 'I was raised in a family where it was important to give back to the community. I am happy to continue what my parents demonstrated to me all my life,' throwing the spotlight from herself," said Gietz. "She would say, 'This is just what we Bergens do.'"

In expressing her deeply felt gratitude, St. Boniface Hospital President and CEO Nicole Aminot called Bergen's gift transformational.

"We will make Miriam and her family proud."

"I will never forget; I was standing in my kitchen making dinner when (Foundation President and CEO) Karen Fowler called me with the news. I was blown away," she said. "St. Boniface Hospital is so very thankful to Miriam."

"Words are not adequate to express what this gift means to our patients and our front-line heroes," said Aminot. "We will make Miriam and her family proud."

Gifts often met needs in the community

Bergen was owner and president of Appleton Holdings Ltd., a privately held property development company in Winnipeg that carries on business as Edison Properties. Formerly known as Marlborough Developments, the business was founded by her father.

It owns and manages several large residential buildings across the city.

Martin and Ruth predeceased Miriam. As parents, they instilled in her a strong sense of community, recalled Gietz. They were philanthropic leaders throughout their lives, she said.

"What I would tell you about the Bergen family's charitable giving was that if a family member or someone else brought forward a need, it would often touch them. They would make a gift based on that need."

"If Miriam saw any such need in her community, she quietly addressed it," said Gietz. "Before her, my Uncle Martin had said

Doris Gietz, an executor of Miriam Bergen's estate, holds a photo of her late cousin. Bergen left a \$10 million gift to St. Boniface Hospital in her estate.

in a few different ways, 'If you are able to give, you should.' Father and daughter shared that sense of responsibility in life. It was almost a duty," she added.

“This is just what we Bergens do.”

While it could not have been widely predicted, the \$10 million bequest to St. Boniface Hospital Foundation was not at all out of character for Bergen, asserted Gietz, also an executor of Bergen’s estate.

Quiet philanthropist can now be recognized

The Bergen family previously made a \$3 million gift to the Hospital nearly 20 years ago. Their kindness made it possible for the Bergen Cardiac Care Centre at St. Boniface Hospital to open in December of 2006.

Today, the Bergen Centre provides access to cardiac care and clinics, cardiac operations, and specialized diagnostics to patients from across Manitoba and Northwestern Ontario. Bergen’s final bequest will ensure Manitoba’s Cardiac Centre of Excellence at St. B stays at the forefront of modern cardiac care, with the latest and most advanced equipment available.

Dr. Anita Soni, Cardiac Sciences Medical Specialty Lead at St. Boniface Hospital, said she and her colleagues in the Cardiac Sciences Program are profoundly grateful to the Bergen family for their longstanding generosity.

(Continued on page 24)



2023 Donors

Thank you to everyone who gave in 2023. Your kindness has powered compassionate patient care and groundbreaking medical research at St. Boniface Hospital.

\$5 million+
Martin, Ruth & Miriam Bergen

\$250,000 to \$499,999
The Winnipeg Foundation

\$100,000 to \$249,999
Access Credit Union
Bee Clean, Correia Family
Benjamin
Mrs G. & Edward Curry
Russ & Edna Edwards
The Jewish Foundation of Manitoba
Kinsmen Club of Winnipeg
Maple Leaf Construction Ltd.
Estate of Anne Reimer ▲
Hazel J. Robertson
Sons and Daughters of Italy
Garibaldi Lodge

\$50,000 to \$99,999
In the memory of Peter and Martha Batiuk ▲
Dr Alfred E. Deacon Medical Research Foundation Inc.
Neil & Carol Duboff and Family
Carolyn Duhamel
Estate of H el ene G. E. Gagnon
Lois & Brian Klaponski / Carte International Inc.
The Paterson Family Foundation
Michael F. B. Nesbitt
Bert Polet
Dr Donald S. Reimer & Anne Reimer
Spencer Corporation Limited
Lorane Steiman
The Thomas Sill Foundation, Inc.

\$25,000 to \$49,999
Canada Life
Canadian Imperial Bank of Commerce

The Cheerful Foundation Inc.
Kevin Dick & Rebecca Friesen
Mr & Mrs G.L. Eagleton
Estate of Ronald Douglas Finch
Estate of Norah Grogan
Tina & Mike Jones
Estate of Hubert Kohli
Ms Anna Labelle
Max Bell Foundation
Brent & Wendy Murray
Payworks
PCL Constructors Canada Inc.
Peter & Pearl Gold Endowment Fund - The Winnipeg Foundation
Calvin & Jennifer Polet
Estate of Marlene Edith Romanchuk
Pat Sakundiak
Dr & Mrs Alec Sehon
In Memory of Mark G. and Patricia N. Smerchanski

Terracon Development Ltd.
Lawrence Wiens

\$10,000 to \$24,999
Brett & Marnie Arnason
Bockstael Construction Ltd.
Louis & Yvette Bouvier
Cambrian Credit Union
Anton & Susan Dueck ▲
Earn Foundation Fund
Gary & Judy Edwards
Esther M Elias Family Foundation
The Hon Douglas Everett, Mrs Patricia Everett & Royal Canadian Properties Endowment Fund
Exchange Income Corporation
Grant & Linda Floren
FWS Group of Companies
George and Mary Stevenson Fund - The Winnipeg Foundation
Richard Hughes ▲

The Jacob Letkemann Family
 John M and Elizabeth N Prokipchuk
 Fund - The Winnipeg Foundation
 Marion & Myron Klysh
 The Knight Family - Rose, Paul,
 Marcia, Alan
 Ahava Halpern & Frank Lavitt
 Estate of Helen Lindgren
 Estate of Stanley Albert Matthew ▲
 Dr D. Sanger McEwen Family
 Estate of Andrew Russell Moffat
 Linda M. Motz (Wyrzykowski)
 Mr Stuart Murray & Ms Ashleigh Everett
 Nelson River Construction Inc.
 Pendeshuk Family Fund - The Winnipeg
 Foundation
 Ervin & Lorraine Petkau
 Piazza De Nardi
 Oliver & Genevieve Plett
 Pratts Wholesale Limited
 Barb & Gerry Price
 John & Doreen Reimer
 Mr & Mrs Paul Romas
 Ernest I., Morris, David, Maier & Antzi
 Silverberg Fund
 Mr & Mrs J. Bert Smith
 Steinbach Credit Union
 May Tadman Tallman & Daniel Tallman
 Charles & Rita Weppler
 Kenneth L. Wiens ▲
 Winpak Ltd.

\$5,000 to \$9,999

Austin & Siham Abas
 Crispin Ang
 The Asper Foundation
 Gail Asper, OC, OM, LLD &
 Michael Paterson
 Earl & Cheryl Barish
 Lillian (Lane) Bartel, '64A
 Al & Kerry Bartlett
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This listing includes those generous supporters who made gifts and pledge payments of \$250 or more and all monthly donors in 2023. We carefully review this listing and make every effort to list our donors according to their preferences in the manner and in the language in which they wish to be recognized. Please help us ensure the accuracy of this list and contact the Foundation at 204-237-2067 or info@stbhf.org if you find an error or omission.

And the Award Goes to...

You helped the women's heart health research initiative break new and exciting ground

2023 will be remembered as the year the rest of the world recognized the research and academic excellence you supported at St. Boniface Hospital.

Dr. Inna Rabinovich-Nikitin is Principal Investigator with the Institute of Cardiovascular Sciences (ICS) and holds the Evelyn Wyrzykowski Family Professorship in Cardiovascular Sciences.

After starting at St. Boniface Hospital in September of 2022, she wasted no time in landing her first of four highly competitive and prestigious international awards for her research in 2023.

In November, only two months after starting at ICS, Dr. Rabinovich-Nikitin won the American Heart Association's Louis N. and Arnold M. Katz Basic Science Research Prize for Early Career Investigators. It is the highest international recognition an early career investigator can receive. She was the first Canadian to receive the award.

Even becoming a finalist is difficult, said Dr. Rabinovich-Nikitin. "International recognition means a lot. It says the work that we are doing is meaningful and is being endorsed by other research groups all over the world. It reflects on our research and academic excellence. I think it puts St. B at a very high level, internationally," she said.

Student mentee won awards

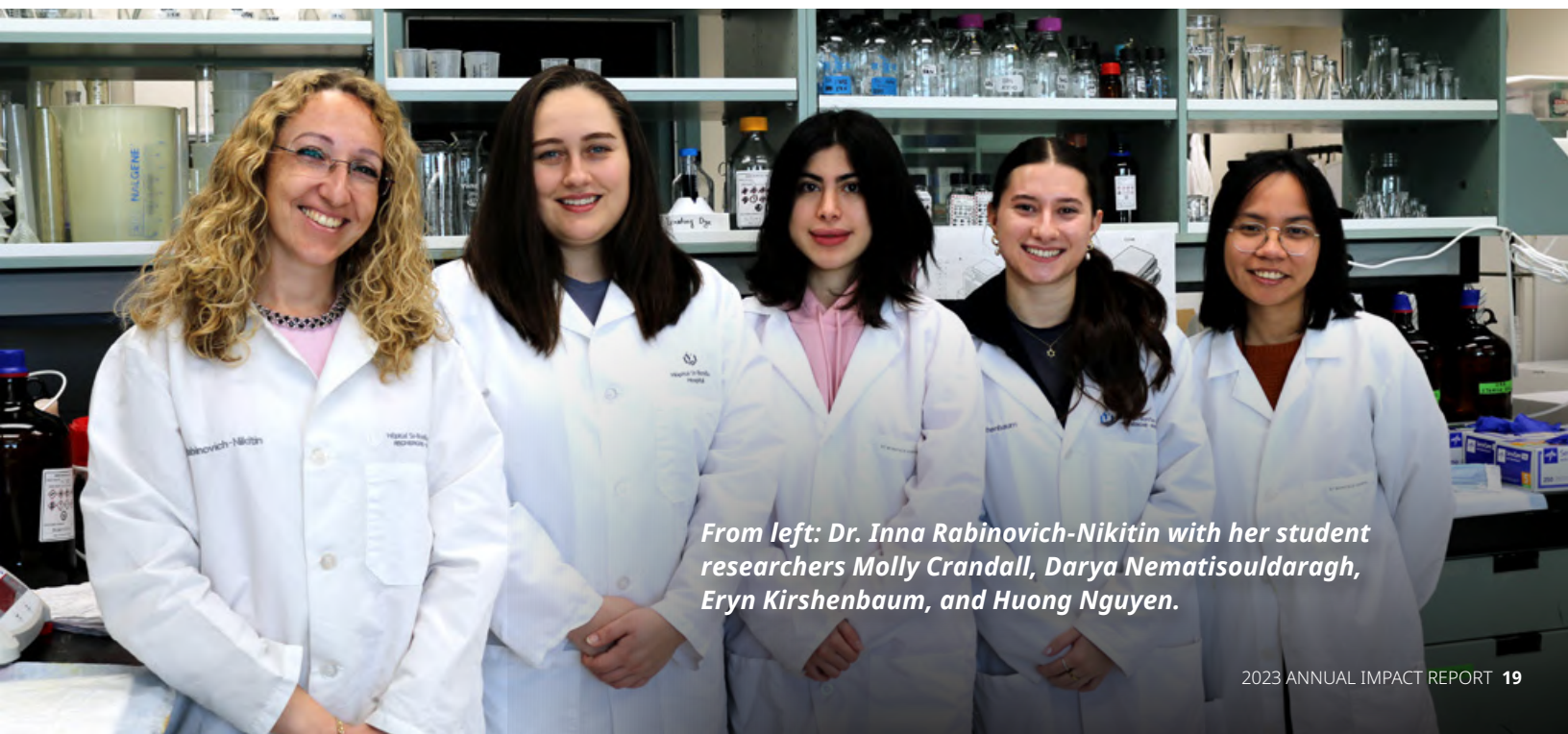
University of Manitoba master's student Darya Nematisouldaragh is among two student researchers Dr. Rabinovich-Nikitin is co-supervising with Dr. Lorrie Kirshenbaum, Director, ICS.

Nematisouldaragh grew up in Toronto, but said she chose to study at the University of Manitoba based on the strength and reputation of St. Boniface Hospital's research program.

She won a BMO Scholarship in February, for her work focusing on autophagy, the clearance of cellular debris after cells are damaged in a heart attack. After that, she won the ICS Award for a Master's Student in November, supported by Foundation donors. She will graduate in 2024.

"The support from donors is very important, because it gave me the opportunity to do this kind of research. Without your gifts, I would not have had enough funding for all of my experiments," she said.

You are powering groundbreaking medical research at St. Boniface Hospital. Thank you.



From left: Dr. Inna Rabinovich-Nikitin with her student researchers Molly Crandall, Darya Nematisouldaragh, Eryn Kirshenbaum, and Huong Nguyen.

You are:

Keeping St. Boniface Hospital at the Forefront of Care

When you or your loved ones need lifesaving care, you want the best.

Through steadfast donor support, St. Boniface Hospital purchased three leading-edge pieces of equipment in 2023: an intra-cardiac echocardiogram (ICE) ultrasound machine, a LUCAS 3 chest compression device, and a mobile fluoroscopic C-arm that provides high-definition pictures of blood vessels during minimally invasive procedures.

“Support from Foundation donors has ensured that St. Boniface Hospital can remain a world-class tertiary care centre,” remarked Dr. Kristjan Thompson (at right with the LUCAS 3 system), Chief Medical Officer and Executive Director of Clinical Programs at St. Boniface Hospital. “Thanks to their efforts, we’re able to provide these state-of-the-art treatments and save more lives. Donors should be proud of the work that they’re making possible. We wouldn’t be able to do what we do without their kindness and generosity.”

Used during cardiac procedures, an ICE ultrasound machine allows for incredibly detailed images of the heart in real-time. An ultrasound signal is transmitted from a small catheter directed towards the heart,

guiding interventionalists through a variety of procedures. This machine produces images that are not possible with a normal echocardiogram or ultrasound.

The LUCAS 3 system is a game-changing device used during cardiac arrest that provides consistent and high-quality chest compressions. Manual chest compressions are labour-intensive, requiring multiple staff to take turns. The LUCAS 3 device maintains consistency, increases caregiver safety, and provides an extra pair of efficient hands.

St. Boniface Hospital is leading the way in lifesaving technology, all thanks to you.



2023 events:

Another Rosé Year Thanks to You!

To say, “Wow, what a year!” would be an understatement.

The Foundation’s three signature events — the National Bank Cardiac Classic, Rosé Soirée, and Radiothon of Hope and Healing Presented by The Vickar Automotive Group — raised over \$500,000!

We are fortunate to have built strong, lasting relationships with our generous sponsors, who are the

backbone of our events. Thank you to our amazing sponsors for another incredible year supporting hope and healing at St. B!

Want to learn more about event partnership opportunities in 2024? Email our Partnerships and Events Officer, Kate Yacula, at kyacula@stbhf.org.



Cardiac Classic



Rosé Soirée



Radiothon of Hope and Healing

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Your Endowment Funds (as of December 31, 2023)

Your visionary support allowed the Foundation to grant almost **\$2 million** in endowment interest to Hospital initiatives in 2023.

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Berdie and Irvin Cohen (BERVIN) Endowment Fund
Bibiana Wai-Yin Chan Yee Endowment Fund
Bill and Fimi Glesby & Families Fund
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Mark G. and Patricia N. Smerchanski Endowed Studentship Fund

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New: Sons & Daughters of Italy Studentship in Woman's Heart Health

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The Wyrzykowski Family Graduate Nurse Endowment Fund
The Wyrzykowski Family Spiritual Care Endowment Fund
New: Tom Carson Memorial Artists in Healthcare Endowment
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Woman and Child Program Fund
Wyrzykowski Family Studentship Fund
Anonymous (2)

Did you know?

St. Boniface Hospital holds **\$52.5 million** in endowments. Thank you for placing your trust in our organization.

A Family's Legacy of Love (continued from page 13)

"I understand Miriam was known as a quiet philanthropist. But if I had the chance, I would want her to know that her support will be used directly for the improvement of front-line patient care," said Dr. Soni. "Miriam and her family's dedication to our program will have a profound impact on the lives of countless people in our community who rely on our specialized cardiac services."

Bergen carried on her philanthropy after her parents were gone; often linked to their memory, remembered Gietz. Most often, she made private contributions.

"Miriam very rarely wanted any sort of recognition for what she gave," she said.

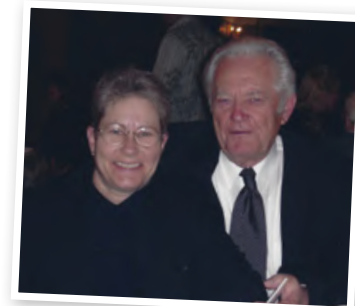
"We all knew that Miriam was very private. I think it came down to myself and the other executors feeling that

now it was time to recognize her. She had mentioned to me that she didn't want the Bergen family legacy to be forgotten after she was gone," said Gietz.

"So, the way for us to do that was to go beyond anonymous donations and make the community truly aware of just how generous the Bergen family was."

Thank you to Miriam Bergen and family for their selfless generosity in support of St. Boniface Hospital.

Miriam Bergen with her father, Martin. The Bergens were generous philanthropists in their lifetimes, believing "If you are able to give, you should."



How Will You Be Remembered?

Legacy of Hope Society members aim to advance Alzheimer's research

Clare and Shirley Moster's goal is to see Alzheimer's disease done away with for good.

Curing Alzheimer's disease is a big ask, admits Clare, but he and Shirley have faith in the medical research being done at St. Boniface Hospital Albrechtsen Research Centre.

That's why they decided to establish an endowment fund in 2015 in support of Alzheimer's research at St. B. They also updated their wills at the same time to make the Hospital a major beneficiary.

"A young lady that I taught with developed early-onset Alzheimer's disease in her 50s," said Shirley, a retired elementary school teacher. "It's such a scary disease, and we've known other people who are suffering; the spouses having to cope."

"It's a disease we would like to see eradicated. Ideally, we would like to see Alzheimer's disease cured," said Clare, a retired civil engineer in the petroleum business.

Thank you to all Legacy of Hope Society members for their selfless generosity in support of St. Boniface Hospital.

Clare and Shirley Moster live with their horses Tommy and Sparky on their acreage in the Rural Municipality of St. Clements, Manitoba. The Mosters have been married for 53 years.



You're helping researchers answer the question:

How Can We Stop Neurodegenerative Disease Progression?

Dr. Renée Douville, Principal Investigator, RetroFIND Laboratory, Division of Neurodegenerative Disorders, is leading a team of researchers to find the link between retroviruses and Amyotrophic Lateral Sclerosis (ALS), Alzheimer's Disease, and dementia.

As the exact pathways behind neurodegenerative disorders are still unclear, finding a suitable therapy to slow down or stop neurodegenerative disease progression remains increasingly challenging. Curative treatment options are still unknown.

Using fruit fly and mouse models, Dr. Douville is getting to the bottom of how viral proteins make cellular proteins clump together in a harmful manner, leading to motor, cognitive, and behavioral problems. Douville's team has produced the first evidence to suggest that blocking endogenous retrovirus-K (a virus found inside human DNA and a biomarker for dementia, specifically Alzheimer's disease) may reduce certain toxic deposits in human cells.

Providing hope and healing

With growing evidence of how human endogenous retrovirus proteins shift cellular processes, Douville's research will change current views on neurodegeneration in ALS and dementia. These findings will break new

ground in innovative treatment options such as antiviral therapy and, ultimately, provide hope and healing to those in need.

"We still have a lot of work to do to test which antivirals will be an effective treatment for these diseases, and it is all possible through the generous and ongoing support of donors who help us get that important work done," says Douville. "Together, our combined resources will change the therapeutic landscape for neurodegenerative disease in the future."

Since current treatment options for neurodegenerative disease are very limited, and can only prolong survival by a few months, this research could provide life-changing insights into care for patients and their families.

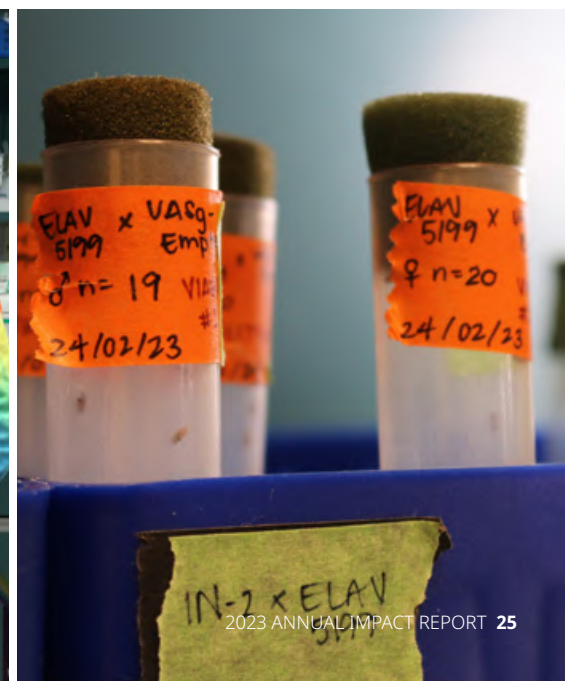
Recently, Dr. Douville was awarded The Winnipeg Foundation's Martha Donovan Leadership Award for her pursuit of leadership training and collaborative approach in and outside of the lab.

Thank you for championing cutting-edge research and innovation at St. Boniface Hospital.



Researchers with the RetroFIND Laboratory, Division of Neurodegenerative Disorders.

Dr. Renée Douville, Principal Investigator, is third from left.



Statement Summary

Statement of Financial Position

December 31, 2023, with comparative information for 2022

	2023	2022
Assets		
Cash	\$ 10,994,698	\$ 15,815,194
Accounts receivable	55,337	80,756
Prepaid expenses	106,445	142,131
Investments	96,199,666	70,800,306
Cash surrender value of life insurance	389,820	375,737
Capital assets	183,343	274,763
	\$ 107,929,309	\$ 87,488,887
Liabilities and Fund Balances		
Accounts payable and accrued liabilities	\$ 521,887	\$ 405,289
Grants payable	10,801,189	8,716,640
	11,323,076	9,121,929
Fund balances:		
Unrestricted	4,297,885	3,279,657
Endowment	52,522,600	47,878,394
Operating Reserve	5,806,114	5,339,731
Innovation	11,207,637	12,281,600
Capital Reserve	5,213,364	-
Restricted Designated	17,558,633	9,587,576
	96,606,233	78,366,958
	\$ 107,929,309	\$ 87,488,887

For complete financial statements including notes, contact the Foundation at 204-237-2067 or info@stbhf.org. Online, visit stbhf.ca/en/accountability.

Approved on behalf of the Board of Directors:



Jonathan Letkemann, Chair



Joël Rondeau, Finance Chair & Secretary-Treasurer

Statement of Operations and Changes in Fund Balances

Year ended December 31, 2023, with comparative information for 2022

	Unrestricted Fund	Endowment Fund	Operating Reserve Fund	Innovation Fund	Restricted Designated Fund	Capital Reserve Fund	2023 Total	2022 Total
Revenue								
Contributions:								
Major gifts	\$ 171,211	\$ 392,988	\$ -	\$ -	\$ 2,636,061	\$ -	\$ 3,200,260	\$ 2,622,344
Development	1,925,607	13,844	-	-	11,016,843	-	12,956,294	3,034,920
Investments	1,467,731	(429,706)	(63,041)	747,791	2,118,403	(28,841)	3,812,337	3,467,017
Unrealized changes in fair value of investments	309,300	4,664,467	529,424	1,079,667	-	242,205	6,825,063	(9,702,973)
	3,873,849	4,641,593	466,383	1,827,458	15,771,307	213,364	26,793,954	(578,692)
Lotteries								
Lottery revenue	14,423,713	-	-	-	-	-	14,423,713	15,126,925
Cost of lotteries	10,965,542	-	-	-	-	-	10,965,542	11,036,172
	3,458,171	-	-	-	-	-	3,458,171	4,090,753
	7,332,020	4,641,593	466,383	1,827,458	15,771,307	213,364	30,252,125	3,512,061
Expenses								
Administration	762,614	-	-	-	-	-	762,614	747,387
Major gifts	1,045,785	-	-	-	-	-	1,045,785	983,534
Development	990,736	-	-	-	-	-	990,736	1,008,180
	2,799,135	-	-	-	-	-	2,799,135	2,739,101
Excess of revenue over expenses before grants	4,532,885	4,641,593	466,383	1,827,458	15,771,307	213,364	27,452,990	772,960
Grants	1,132,621	-	-	-	8,081,094	-	9,213,715	11,070,422
Excess of revenue over expenses	3,400,264	4,641,593	466,383	1,827,458	7,690,213	213,364	18,239,275	(10,297,462)
Fund balances, beginning of year	3,279,657	47,878,394	5,339,731	12,281,600	9,587,576	-	78,366,958	88,664,420
Inter-fund transfers for designated donations	-	2,613	-	789,823	(792,436)	-	-	-
Inter-fund transfers per Foundation's policies	(2,382,036)	-	-	(3,691,244)	1,073,280	5,000,000	-	-
Fund balances, end of year	\$ 4,297,885	52,522,600	\$ 5,806,114	\$ 11,207,637	\$ 17,558,633	\$ 5,213,364	\$ 96,606,233	\$ 78,366,958

For complete financial statements including notes, contact the Foundation at 204-237-2067 or info@stbhf.org. Online, visit stbhf.ca/en/accountability.

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Donor Relations



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Assistant/Receptionist



Kelly McMullan
Major Gifts



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Senior
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Kalyn Murdock
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