In This Together

2020 Annual Report

stbhf.ca
Mission
The mission of St. Boniface Hospital Foundation is to raise funds to support excellence in health care and research at St. Boniface Hospital in a manner that is guided by the legacy and values of the Grey Nuns.

Vision
St. Boniface Hospital Foundation will be at the forefront of fundraising to promote excellence in health care and research to create a healthier society.

On the cover (at bottom)
Introduced in 2021 to mark St. Boniface Hospital's 150th anniversary, the Foundation River graphic has three meanings:
1. It honours the spirit of compassion that St. Boniface is known for, which flows through the hospital from department to department.
2. It is a visual expression of the connection between the caregiver and patient or patient’s family.
3. It represents the Red River, the landmark river flowing past the Hospital.

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Real Stories from Real Health-Care Workers
Starting in December 2020 on social media, Dr. Gigi Osler (at right) posted a series of video clips of St. Boniface Hospital health-care workers on the front lines of the pandemic. Story on page 7.
Your Impact

In 2020, you showed us that we are “in this together”

St. Boniface Hospital Foundation has raised more than $253 million since 1971.

Your gifts have had a profound impact on the tens of thousands of patients and their families who depend on St. Boniface Hospital each year. Thank you.

Revenue by Type

$14,008,505 IN TOTAL

- Investment $2,478,850
- Lotteries, Net $3,573,367
- Fundraising $6,260,505
- Unrealized changes in fair value of investments $1,448,122
- Other $247,661

Stanford University Releases List

A comprehensive list released by Stanford University in 2020 identified the top 2 per cent of the world’s nearly 7 million working scientists, and St. Boniface Hospital Research boasts ten of these top scientists in the world.

“To have one or two researchers on a list of the world’s top 2 per cent of scientists is a great accomplishment for any institution. Having ten such individuals is a testament to the outstanding research and teaching environment we have built here at St. Boniface, and reflects a tremendous return on investment in local research by the people of Manitoba,” said Dr. Michael Czubryt, Interim Executive Director of Research. “We are truly proud of this global recognition of the impact of our colleagues’ hard work.”
Taking Charge of our Future

What can we say about the past year that has not already been said? Phrases like “herd immunity” and “flattening the curve” have become part of our daily lives. We have been reminded over and over to follow the fundamentals, stay at home, and even more often to un-mute ourselves in virtual gatherings. It has been tiring.

Through it all, St. Boniface Hospital has continued to provide refuge and compassionate care to thousands of Manitobans who face critical and complex conditions, and to those who have COVID-19. Meanwhile, we have been overwhelmed by your outpouring of support for our nurses, doctors, and other front line health-care workers at St. Boniface – through donations to our COVID-19 Response Fund, and donations of food and comfort items.

That’s not to mention your unwavering support of all priority areas within the Hospital, such as Cardiac Sciences Manitoba, the Renal Program, our Neonatal Intensive Care Unit, Palliative Care Unit, and medical research in cardiovascular health, dementia and Alzheimer’s, functional foods and nutraceuticals.

On page 10 you can read how St. Boniface Hospital’s McEwen Building, where thousands of patients each year find care for mental illness, has been transformed thanks to a $2.7 million investment from donors and government. The anxiety and isolating effects of the pandemic have only underlined the importance of supports and services in this area. Improvements included updates to inpatient bedrooms, redesigned family and recreation areas, and more. Society has come a long way in recognizing that mental health is health, period, and no less an aspect of personal well-being than a healthy heart.

Today, caregivers at the Hospital continue to go above and beyond, while working through their fear and anxiety, to keep Manitobans safe. We urge you not to let their efforts be in vain. Please, stay home if you can, get vaccinated, and continue to practice the fundamentals. It is tiring, but worth it when lives can be saved.

Karen Fowler, CFRE
President and CEO

Carmine Militano
Chair, Board of Directors

“We have been overwhelmed by your outpouring of support.”
Governance and Staff

Board Executive

Carmine Militano  
Chair

Neil Duboff  
Past Chair

Walter Saranchuk  
Vice-Chair

Tanya Benoit  
Fundraising Chair

Tom De Nardi  
Lottery Chair

Jonathan Letkemann  
Finance Chair

Caroline Kiva  
Secretary-Treasurer

Board Members

Gisèle Barnabé  
Vice-Chair

Martine Bouchard  
Vice-Chair

Jodi Carradice  
Vice-Chair

Matt Sachkiw  
Vice-Chair

Dr. Pawan K. Singal  
Vice-Chair

Doug Stephen  
Vice-Chair

Louis Trepel  
Vice-Chair

Larry Vickar  
Vice-Chair

Randy Viray  
Vice-Chair

Executive Staff

Karen Fowler, CFRE  
President & CEO

Don Barnabé, CPA, CMA  
Vice-President, Finance & Administration

Pat Robertson, CFRE  
Vice-President, Development

Todd MacNeil,  
Director, Technology & Lottery Operations

Lisa Thomson  
Stifora  
Director, Communications & Stewardship

Staff

Lorissa Campbell  
IT Support & Tech. Services Co-ordinator

Shona Connelly, MA  
Donor Relations

Natalie Domienik  
Lottery Customer Service/Payroll Administrator

Amber Gibbons  
Accountant

Garth Johnson  
Donor Relations

Paula Lucas  
Administrative Assistant/Receptionist

Randy Matthes  
Communications Officer

Nancy Militano, BA, BRS  
Donor Relations

Nigel Moore  
Communications Officer

Cheryl Tyslau  
Gift Processing & Data Administrator

Jocelyne Wladyka  
Relief Receptionist

Kate Vacula, BA Comm  
Digital and Event Specialist

Marim Dainen Zipursky  
Prospect Research Specialist
## Statement of Financial Position

December 31, 2020, with comparative information for 2019

<table>
<thead>
<tr>
<th>Assets</th>
<th>2020</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$ 15,440,972</td>
<td>$ 8,797,662</td>
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<tr>
<td>Accounts receivable</td>
<td>323,745</td>
<td>94,360</td>
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<td>Prepaid expenses</td>
<td>91,908</td>
<td>82,401</td>
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<td>Investments</td>
<td>68,490,219</td>
<td>67,902,049</td>
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<tr>
<td>Cash surrender value of life insurance</td>
<td>475,124</td>
<td>490,047</td>
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<tr>
<td>Capital assets</td>
<td>208,651</td>
<td>296,021</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$ 85,030,619</strong></td>
<td><strong>$ 77,662,540</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities and Fund Balances</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued liabilities</td>
<td>$ 418,631</td>
<td>$ 440,478</td>
</tr>
<tr>
<td>Grants payable</td>
<td>6,881,171</td>
<td>6,008,155</td>
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<tr>
<td><strong>Total Liabilities and Fund Balances</strong></td>
<td><strong>7,299,802</strong></td>
<td><strong>6,448,633</strong></td>
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</tbody>
</table>

Fund balances:

<table>
<thead>
<tr>
<th>Fund balances:</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>3,444,387</td>
<td>2,204,678</td>
</tr>
<tr>
<td>Endowment</td>
<td>48,081,382</td>
<td>45,998,675</td>
</tr>
<tr>
<td>Operating reserve</td>
<td>5,510,989</td>
<td>5,460,008</td>
</tr>
<tr>
<td>Innovation</td>
<td>7,784,853</td>
<td>6,962,853</td>
</tr>
<tr>
<td>Restricted designated</td>
<td>12,909,206</td>
<td>10,587,693</td>
</tr>
<tr>
<td><strong>Total Fund Balances</strong></td>
<td><strong>77,730,817</strong></td>
<td><strong>71,213,907</strong></td>
</tr>
</tbody>
</table>

| **Total** Fund Balances                     | **$ 85,030,619** | **$ 77,662,540** |

For complete financial statements including notes, contact the Foundation at 204-237-2067 or info@stbhf.org.

Approved on behalf of the Board of Directors:

Carmine Militano, Chair, St. Boniface Hospital Foundation

Caroline Kiva, Secretary-Treasurer, St. Boniface Hospital Foundation
## Statement of Operations and Changes in Fund Balances

December 31, 2020, with comparative information for 2019

<table>
<thead>
<tr>
<th>Fund Type</th>
<th>Unrestricted Fund</th>
<th>Endowment Fund</th>
<th>Operating Reserve Fund</th>
<th>Innovation Fund</th>
<th>Restricted Designated Fund</th>
<th>2020 Total</th>
<th>2019 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Contributions:</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Major gifts</td>
<td>$37,304</td>
<td>$120,920</td>
<td>$ -</td>
<td>$ -</td>
<td>$2,944,922</td>
<td>$3,103,146</td>
<td>$2,784,069</td>
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<td>Development</td>
<td>1,278,090</td>
<td>928,001</td>
<td>-</td>
<td>-</td>
<td>951,268</td>
<td>3,157,359</td>
<td>2,382,871</td>
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<tr>
<td>Investments</td>
<td>410,015</td>
<td>(246,607)</td>
<td>(52,055)</td>
<td>174,832</td>
<td>2,192,665</td>
<td>2,478,850</td>
<td>16,309,522</td>
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<tr>
<td>Unrealized changes in fair value of investments</td>
<td>347,299</td>
<td>864,496</td>
<td>103,036</td>
<td>133,291</td>
<td>-</td>
<td>1,448,122</td>
<td>(8,105,446)</td>
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<td>Canada Emergency Wage Subsidy</td>
<td>247,661</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>247,661</td>
<td>-</td>
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<tr>
<td></td>
<td><strong>2,320,369</strong></td>
<td><strong>1,666,810</strong></td>
<td><strong>50,981</strong></td>
<td><strong>308,123</strong></td>
<td><strong>6,088,855</strong></td>
<td><strong>10,435,138</strong></td>
<td><strong>13,371,016</strong></td>
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<tr>
<td><strong>Lotteries</strong></td>
<td></td>
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<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lottery revenue</td>
<td>14,481,870</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>14,481,870</td>
<td>12,580,550</td>
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<tr>
<td>Cost of lotteries</td>
<td>10,908,503</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>10,908,503</td>
<td>9,881,999</td>
</tr>
<tr>
<td></td>
<td><strong>3,573,367</strong></td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td><strong>3,573,367</strong></td>
<td><strong>2,698,551</strong></td>
</tr>
<tr>
<td></td>
<td><strong>5,893,736</strong></td>
<td><strong>1,666,810</strong></td>
<td><strong>50,981</strong></td>
<td><strong>308,123</strong></td>
<td><strong>6,088,855</strong></td>
<td><strong>14,008,505</strong></td>
<td><strong>16,069,567</strong></td>
</tr>
<tr>
<td><strong>Expenses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Administration</td>
<td>704,397</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>704,397</td>
<td>808,270</td>
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<tr>
<td>Major gifts</td>
<td>833,054</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>833,054</td>
<td>951,619</td>
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<tr>
<td>Development</td>
<td>911,898</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>911,898</td>
<td>1,084,608</td>
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<tr>
<td></td>
<td><strong>2,449,349</strong></td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td><strong>2,449,349</strong></td>
<td><strong>2,844,497</strong></td>
</tr>
<tr>
<td>Excess of revenue over expenses before grants</td>
<td><strong>3,444,387</strong></td>
<td><strong>1,666,810</strong></td>
<td><strong>50,981</strong></td>
<td><strong>308,123</strong></td>
<td><strong>6,088,855</strong></td>
<td><strong>11,559,156</strong></td>
<td><strong>13,225,070</strong></td>
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<tr>
<td>Grants</td>
<td>991,614</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>991,614</td>
<td>4,723,668</td>
</tr>
<tr>
<td>Excess of revenue over expenses</td>
<td><strong>2,452,773</strong></td>
<td><strong>1,666,810</strong></td>
<td><strong>50,981</strong></td>
<td><strong>308,123</strong></td>
<td><strong>6,088,855</strong></td>
<td><strong>5,042,246</strong></td>
<td><strong>8,501,402</strong></td>
</tr>
<tr>
<td>Fund balances, beginning of year</td>
<td><strong>2,204,678</strong></td>
<td><strong>45,998,675</strong></td>
<td><strong>5,460,008</strong></td>
<td><strong>6,962,853</strong></td>
<td><strong>10,587,693</strong></td>
<td><strong>71,213,907</strong></td>
<td><strong>62,712,505</strong></td>
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<tr>
<td>Inter-fund transfers for designated donations</td>
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<td>415,897</td>
<td>-</td>
<td>(599,187)</td>
<td>183,290</td>
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<tr>
<td>Inter-fund transfers per Foundation’s policies</td>
<td>(1,213,064)</td>
<td>-</td>
<td>-</td>
<td>1,113,064</td>
<td>100,000</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Fund balances, end of year</td>
<td><strong>$3,444,387</strong></td>
<td><strong>$48,081,382</strong></td>
<td><strong>$5,510,989</strong></td>
<td><strong>$7,784,853</strong></td>
<td><strong>$12,909,206</strong></td>
<td><strong>$77,730,817</strong></td>
<td><strong>$71,213,907</strong></td>
</tr>
</tbody>
</table>

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Real Stories from Real Health-Care Workers

St. Boniface Hospital surgeon documented the second wave

“Let’s go.”

Dr. Gigi Osler started each of her social media stories with the same invitation. Osler, of the Department of Surgery at St. Boniface Hospital and Assistant Professor in the Department of Otolaryngology-Head and Neck Surgery at the University of Manitoba, is very active on social media and an emerging influencer on platforms like TikTok, Instagram, and Twitter.

Beginning in early December 2020 and lasting well into the new year, Osler released dozens of stories to document the second wave of COVID-19 as it unfolded at the Hospital. Often raw and emotional, the clips of nurses, therapists, and others – all wearing scrubs, face shields and masks – speaking frankly from the front lines showed the toll the pandemic took on our health-care workers as they struggled to keep up. Osler and her colleagues were concerned that a significant increase in cases, hospitalizations and ICU admissions was around the corner. “One day I was speaking with Dawn Affleck, the former Operating Room Program Team Manager at St. Boniface Hospital. She mentioned how hard her staff were working and wondered if the public would be interested in hearing directly from Hospital staff,” explains Osler.

“I reached out to Hospital administration, and they were fully supportive. And so, the ‘Real Stories from Real Health-Care Workers’ social media campaign was created to reinforce public health messaging.” Osler says health-care workers in a variety of roles responded to her call for participants in the stories. Many were eager to share their experiences so people could understand the strain the second wave was putting on the Hospital and health-care system.

A man who identified himself as a registered nurse explained how he contracted COVID on the job: “I got sick and it didn’t matter how sick I got, my biggest worry was, ‘Am I going to make my family sick?’ For 14 days...my fear was, ‘Did I make them sick? And will it be considered my fault?’ Because I felt like it would be.”

“I was moved by the honesty and rawness of the comments and stories that they shared. Their compassion for their patients and the families always shone through,” says Osler.

A woman who identified herself as a nurse in Intensive Care: “I’d like to share a message of how difficult it is in the ICU when we have to tell families that they are not going to be allowed to come in to say goodbye to their loved-ones. Families who may have five children have to choose two or three who are actually going to be allowed to come in, and it’s devastating.”

Thank you for following, supporting, and engaging with Dr. Gigi Osler (@dr.gigiosler) and the Foundation (@stbhf) on Instagram.
You Fought Back

Community responded to health-care crisis with cash, gifts, food

Faced with the challenge of our lifetimes, you opened your heart and helped supply thermometers, cots, a portable ultrasound, and more. Meanwhile, local restaurants and businesses delivered hot meals and comfort items almost daily for health-care workers on the front lines.

Your support of St. Boniface Hospital Foundation’s COVID-19 Response Fund in 2020 allowed St. Boniface to address urgent equipment needs, kept patients connected with their families, and lifted the spirits of health-care workers on the front lines with:

- Gift cards and other items to show appreciation for Hospital staff focused on COVID-19 efforts
- Equipment to keep the Hospital well-prepared – including a handheld ultrasound device used in the assessment of critically ill patients, cots, and thermometers
- Publication of Sciences Mag Junior, a children’s magazine that helped explain the science behind the virus and COVID-19
- Additional phone lines to allow patients to keep in touch with their loved-ones, and upgraded television services in their hospital rooms
- St. Boniface Hospital research projects – among them, a study into the lungs’ lipids that holds promise for COVID-19 treatment.

Together we raised more than $656,000 for St. Boniface Hospital’s critical response effort. Thank you for being a lifeline for St. Boniface.
Leaving an estate gift to St. Boniface Hospital is the beginning of a healthier future. It signifies your desire to support those who need care, and those who provide it. Thank you to our Legacy of Hope Society members, listed as of December 31, 2020.

Donors’ names appear in the manner and in the language in which they wish to be recognized. We make every effort to list our donors according to their preference. Please help us ensure the accuracy of this list and contact the Foundation at 204-237-2067 or info@stbhf.org if you find an error.
Renovations, Renewal, and Recovery

Improvements made to McEwen Building, where mental health services are offered

Each year thousands of Manitobans find care for mental illness at St. Boniface Hospital’s McEwen Building, where treatment begins with the belief that recovery is possible.

“We start from the place that patients are more than their disease or their diagnosis,” said Daryl Croft, Program Team Manager, St. Boniface Hospital Mental Health Program. “Giving care is much more than just giving medications. Recovery requires an environment that’s safe, soothing, and provides some sense of community.”

With generous donors contributing $1.5 million toward the project, the McEwen Building underwent extensive renovations to provide an optimal environment for healing. The renovations, completed in April 2021, include anti-ligature and security upgrades that reduce potential safety risks for patients and staff alike, while updates to the physical space create a calmer and more home-like setting for inpatients.

“There are so many improvements, from the flow of natural light to the addition of more bathrooms and spaces to socialize,” Croft said. “For someone now to be able to sit and look out the window at the Red River, it can be a moment of peace.”

Originally a residence for medical students, the McEwen Building was named for Dr. Sanger McEwen, who served as St. Boniface Hospital’s Medical Director from 1939 to 1951. After a conversion to house the Hospital’s Mental Health Program in the 1980s, the building did not undergo significant updates prior to renovations that began in 2020.

Today the McEwen Building is a hub for mental health services ranging from psychiatric care to occupational therapy for adult patients living with mental illnesses. Over 400 inpatients are admitted every year, and care teams also handle more than 14,000 outpatient visits annually.

Croft wants donors to know their gifts toward the renovations are an investment in mental health and well-being.

“The doctors, nurses, therapists, social workers, aides, housekeeping, security – all of us on site – we care passionately for our patients. Donors have helped create a comforting and welcoming environment where patients can do their best to become well, and we can perform at our best to help them on that journey.”

Thank you for supporting mental health care in our community. You’ve made the McEwen Building a home away from home for patients in the Mental Health Program.

Improvements in the McEwen Building include:

- Updated inpatient bedrooms with space for personal items
- Redesigned family and recreation areas maximizing natural light and optimize space
- Enhanced existing and new additional washrooms to facilitate self-care
- Upgraded kitchen and dining rooms
2020 Donors

$500,000 to $999,999
Martin, Ruth & Miriam Bergen
Kali Dyck Foundation

$100,000 to $499,999
Michael Batuik
Benjamin
Russ & Edna Edwards
David & Elena Forgan
Lois & Brian Klaponski / Carte International Inc
Linda J. Krupinski
John & Dolores Morton
Mr & Mrs J. Bert Smith
Mr Norman Tatelman

$50,000 to $99,999
BMO Financial Group
Canada Life
Dr Alfred E. Deacon
Medical Research Foundation Inc.
Mr & Mrs G.L. Eagleton
Diane & Dave Johnston,
Johnston Group
N. & Q. Chin & Princess Auto Foundation
Ruth Carol & Leonard Podheimer & Family
Dr & Mrs Pawan K. Singal

$25,000 to $49,999
Jane Bosace
Canadian Pacific
Peter & Pearl Gold Endowment Fund - The Winnipeg Foundation
Richard Hughes
Ashley & Nona Leibl
The Paterson Family Foundation
Diane & Jim Weiss
James & Wilhelmina Williamson

$10,000 to $24,999
Earl & Cheryl Barish
Mr John B. Barton
Bee Clean, Coriea Family
Bockstael Construction Ltd
Louis & Yvette Bouvier
Canada Safeway Limited
Kevin Dick, Rebecca & Hannah Friesen
The Hon Douglas Everett, Mrs Patricia Everett & Royal Canadian Properties Endowment Fund
Grant & Linda Floren
Miss Margaret E. Fraser
George and Mary Stevenson Fund - The Winnipeg Foundation
Estate of Frank Gladky
Mr Alan Gurney
Mary & Don Hanson

The Knight Family - Rose, Paul, Marcia, Alan
KPMG LLP
Christian & Charles LaFlèche
The Jacob Letkemann Family
Mr Howard Mandoshein
Missionnaires Oblates de Saint-Boniface
Linda M. Molz (Wyrzykowski)
Mr W. Brent Murray
Pendeshuk Family Fund - The Winnipeg Foundation
Ervin & Lorraine Petkau
Frank & Jeanne Plett
Oliver & Genevieve Plett
Bert Polet
Barb & Gerry Price
John M. Prokipchuk
John & Doreen Reimer
Emest I, Morris, David, Maier & Antzi Silverberg Fund
In Memory of Mark G. & Patricia N. Smorchanski
Steinbach Credit Union
Brend & Lana Stevenson
T J Rice Family Foundation
May Tadman Tallman & Daniel Talman
TELUS
Terracan Development Ltd
Iris Wachna

The Wawanesa Mutual Insurance Company
The Winnipeg Foundation
Mary Louise Young

$5,000 to $9,999
529 Wellington
Lillian (Lane) Bartel, ’64A
Lucille T. Blanchette
Mrs & Mrs William Cameron
Kamala Elias
Esther M Elias Family Foundation
Brian & Ruth Hastings
Jean Healey
Richard & Johanna Klassen
Art Krahn
La Grotta Mediterranean Market Ltd
Leith Wheeler Investment Counsel Ltd
Bruce MacNeill
Dr Rizwan Manji
Jack Mazo
The McCarthy Family
Dr Doug & Cheri McDermid
National Bank of Canada
Mr & Mrs Grant Pierce
Linda & Rick Romsa
Shirley Edith Sherwood Fund - The Winnipeg Foundation
Harold Simpson

▼ Monthly Donor ▲ Member, Legacy of Hope Society
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2020 ANNUAL REPORT
Welcome... TO OUR 1,712 NEW DONORS

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Gene Research Aims to Save Hearts, Halt Cancer

Sean Barnes has experienced some rough times in recent years. In late 2018, Barnes was diagnosed with colon cancer and received emergency surgery. He underwent 12 rounds of chemotherapy in the following months, successfully beating his cancer. However, the health concerns were not over for this otherwise well husband, father, coach, and construction executive.

A standard follow-up appointment in May 2020 identified concerns with Barnes’s heart. This led to further investigation at St. Boniface Hospital and the discovery that his left anterior descending artery (LAD) was 70 per cent blocked. A fully blocked LAD creates the notorious widow-maker heart attack.

An appointment was scheduled at the Hospital’s Bergen Cardiac Care Clinic, where Barnes had a 32-millimetre stent inserted into his LAD. He went home the same day.

“I’m a pretty active guy and I wasn’t experiencing chest pain or any other symptoms, so it was a big surprise to me,” Barnes said. “I’m grateful and happy it was caught.”

“I’ve got nothing but good things to say about my care at St. Boniface Hospital and CancerCare Manitoba.”

Still, Barnes wonders whether his cancer treatment caused or contributed to his heart trouble.

Connecting the Dox

At St. Boniface Hospital’s Albrechtsen Research Centre, Dr. Lorrie Kirshenbaum, Director of the Institute of Cardiovascular Sciences, has made breakthroughs with promise to improve the lives of cancer patients receiving chemotherapy. His research in this area has been made possible by the generous support of St. Boniface Hospital Foundation donors.

While medical advances have led to the development of agents that can effectively kill cancer cells, some of these drugs, such as Doxorubicin (DOX), can also damage the heart. DOX is a common chemotherapy drug used to treat many cancers.

“When patients undergo chemotherapy, drugs like DOX act like sledgehammers – they attack all cells that divide, whether cancerous or healthy,” said Kirshenbaum. “Because heart cells stop dividing at birth, these cells can’t repair themselves when they become damaged, and the pumping activity of the heart can become impaired.”

As a result, cancer patients undergoing such treatments are susceptible to acute and chronic cardiac side-effects, including arrhythmias, ventricular dysfunction, and heart failure.

Kirshenbaum has discovered the source of this side effect. “What happens is that DOX turns on a suicide gene called Bnip3, and when Bnip3 is turned on, it’s a killer.” This is the same gene that programs heart cells to die when a person suffers a heart attack.

He’s working to solve this problem by developing an ‘inhibitor’ drug to keep the Bnip3 gene dormant in the heart, without compromising the drug’s ability to kill the cancer cells.

Your support made it possible: St. Boniface Hospital was named the #1 research-intensive hospital of our size in Western Canada for the ninth year in a row.
On the Course, On the Run, and On the Air

**Rosé SoirIN – May 28**
No matter how you accessorized, Rosé SoirIN was a fabulous night in.

$80,000 raised
Thank you to our event chairs Doug Stephen, Tom De Nardi and Louis Trepel.

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**Cardiac Classic – August 10**
A very windy day at Niakwa Country Club proved to bring perfect conditions for generosity and support.

$70,000 raised
Thank you to our presenting sponsors: Burgundy Asset Management, Johnston Group, National Bank, National Bank Wealth Management-Klassen Wealth Advisors, and Qualico, and to our Tournament Chair, Bob Lafrenière.

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**Run2Believe – September 15 to 26**
The event brought the community together, including annual avid runners, walkers, and cyclists like fan-favourite “Bicycle Bob” Moore!

$20,000 raised
Thank you to our platinum, silver, and bronze sponsors: Red River Co-op, Baxter, Payworks, and 4L Communications.

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**Radiothon of Hope and Healing – November 27**
The year ended on a high note with the Radiothon of Hope and Healing, presented by Vickar Automotive Group on 680 CJOB.

$165,001 raised

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These virtual and in-person events were made possible by the generous support of our sponsors, guests, and Foundation donors like you. Thank you.
Your Endowment Funds (as of December 31, 2020)

Endowment donors are visionaries who have an enduring impact at St. Boniface Hospital. Thank you for making investments that will touch lives for generations to come.

<table>
<thead>
<tr>
<th>Designated to Patient Care &amp; Research</th>
<th>Fund Name</th>
<th>Balance as at 12/31/20</th>
<th>In Support of</th>
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<td>CHCM Spiritual Purpose Fund</td>
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<td>Dr. Michel Tétreault Lean Transformation Memorial Fund</td>
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<td>Karyn Globerman Endowment Fund</td>
<td>$ 88,733</td>
<td>Physiotherapy Department</td>
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<tr>
<td>Larry Rosenberg Memorial Fund</td>
<td>$ 38,996</td>
<td>Brain cancer, tumor research</td>
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<tr>
<td>Leslie and Dwaine King Endowment Fund</td>
<td>$ 32,720</td>
<td>Cardiac research</td>
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<td>Margret Helen Lerner Memorial Endowment Fund</td>
<td>$ 137,158</td>
<td>Cardiovascular disease and cancer</td>
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<tr>
<td>Meagher Family Endowment Fund</td>
<td>$ 121,447</td>
<td>Area of greatest need</td>
<td></td>
</tr>
<tr>
<td>Michael Malech Endowment Fund</td>
<td>$ 494,709</td>
<td>Alzheimer's basic and clinical research</td>
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<td>Nancie Mauro Memorial Fund</td>
<td>$ 53,938</td>
<td>Cardiovascular disease</td>
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<td>Olga Dilay Endowment Fund</td>
<td>$ 66,375</td>
<td>Cardiovascular disease and cancer research</td>
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<td>Palliative Care Endowment Fund</td>
<td>$ 1,392,595</td>
<td>Palliative care program</td>
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<td>Paul Albrechtsen Cardiac Research Fund</td>
<td>$ 5,450,134</td>
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<td>Paul Albrechtsen Cardiac Sciences Program Endowed Fund</td>
<td>$ 3,539,256</td>
<td>Cardiovascular research</td>
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<td>Paul and Rose Rudko Endowment Fund</td>
<td>$ 1,746,335</td>
<td>Renal Program</td>
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<td>Philippe J. and Yvette Prince Endowment Fund</td>
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<td>Alzheimer research and cancer research</td>
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<td>Purohits of Narwala Endowment Fund</td>
<td>$ 10,460</td>
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<td>Research - Brain &amp; Nerve Diseases Endowment Fund</td>
<td>$ 90,213</td>
<td>Neurodegenerative disorders research</td>
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<tr>
<td>Research - Healthy Hearts Endowment Fund</td>
<td>$ 983,730</td>
<td>Cardiovascular research</td>
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<td>Research - Lean Endowment Fund</td>
<td>$ 6,598</td>
<td>Transformation projects</td>
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<tr>
<td>Research - Preventive Medicine Endowment Fund</td>
<td>$ 221,257</td>
<td>Research into health-related benefits of nutraceuticals, functional foods and natural health products</td>
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<tr>
<td>Research - The Opportunity Endowment Fund</td>
<td>$ 509,635</td>
<td>Basic and clinical research in cardiovascular sciences</td>
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<tr>
<td>Robert T Bockstael Endowment Fund</td>
<td>$ 11,458</td>
<td>Cardiac Sciences Program</td>
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<td>Russell and Frances McKirrick Endowment Fund</td>
<td>$ 1,165,399</td>
<td>Area of greatest need</td>
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<tr>
<td>St. Boniface General Hospital School of Nursing of 1968</td>
<td>$ 3,768</td>
<td>Support continuing education for nurses at St. Boniface Hospital</td>
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<td>St. Boniface Hospital Nursing Research Endowment Fund</td>
<td>$ 56,401</td>
<td>St. Boniface Hospital nursing research</td>
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<tr>
<td>Stephen Walter Mical Research Endowment Fund</td>
<td>$ 332,204</td>
<td>Clinical care, patient comfort, programming or treatment in the areas of psoriasis or chronic skin conditions, or for basic or genetic research in psoriasis or chronic skin conditions</td>
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<tr>
<td>Strike Family Fund</td>
<td>$ 25,850</td>
<td>Neurodegenerative disorders research</td>
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<tr>
<td>Susan Macdonald Memorial Fund</td>
<td>$ 111,793</td>
<td>Rehabilitation services</td>
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<tr>
<td>The Evelyn Wyrzykowski Family Research Chair in Cardiology</td>
<td>$ 2,400,406</td>
<td>Research Chair in Cardiology</td>
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<tr>
<td>The Honourable Douglas and Patricia Everett and Royal Canadian Properties Limited Endowment Fund</td>
<td>$ 1,869,982</td>
<td>Division of neurodegenerative disorders</td>
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<td>The Ivan Berkowitz Endowment Fund</td>
<td>$ 26,758</td>
<td>Cardiovascular research</td>
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<td>Balance as at 12/31/20</td>
<td>In Support of</td>
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<td>Patient Care &amp; Research (cont.)</td>
<td>The Joy &amp; Morley Lertzman Fund for Research and Education in Respiratory Medicine</td>
<td>$74,356</td>
<td>Education and research in respiratory medicine</td>
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<td>The Leniza Sarmiento Endowment Fund</td>
<td>$5,233</td>
<td>Fetal Assessment Department</td>
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<td>The Lucille Blanchette Endowment Fund</td>
<td>$20,970</td>
<td>Support the RBC Youth BioLab</td>
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<td>The Molschanow Endowment Fund</td>
<td>$10,236</td>
<td>Cardiovascular research</td>
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<td></td>
<td>The Myles Robinson Memorial Heart Fund</td>
<td>$663,185</td>
<td>To promote prevention and early detection of heart disease in Manitoba</td>
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<td>The Ona &amp; Alfonsas, Brone &amp; Vytautas Janciukas Family Endowment Fund</td>
<td>$18,447</td>
<td>Palliative Care Clinical Fund</td>
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<td></td>
<td>The Prier Endowment Fund - Paula, Olga, Walter and Ralph Prier and Manfred Thaller</td>
<td>$825,998</td>
<td>Area of greatest need within the Vascular Surgery Program</td>
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<td>The Vivian Maybroda-Silverman &amp; Burle Silverman Endowment Fund</td>
<td>$11,855</td>
<td>Palliative care</td>
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<td>The Wyrzykowski Family Spiritual Care Endowment Fund</td>
<td>$1,079,540</td>
<td>Spiritual care services</td>
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<td>Victor and Cheryl Reynolds Endowment Fund</td>
<td>$76,588</td>
<td>Medical equipment</td>
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<td>William and Anna Morhalo Endowment Fund</td>
<td>$867,143</td>
<td>Area of greatest need</td>
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<td>Woman and Child Program Fund</td>
<td>$643,026</td>
<td>Woman and Child Program</td>
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<td><strong>Total Patient Care &amp; Research</strong></td>
<td></td>
<td><strong>$43,852,789</strong></td>
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<td>Education &amp; Awards</td>
<td>BMO Financial Group Research Scholarship for Excellence Fund</td>
<td>$878,271</td>
<td>Student award focusing on the educational and research activities relevant to the pursuit of a graduate degree</td>
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<td>Cardiovascular Awards Fund</td>
<td>$270,218</td>
<td>Institute of Cardiovascular Sciences, Naranjan Dhalla Cardiovascular Awards Day</td>
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<td>Dr. Alfred E. Deacon Studentship Endowment Fund</td>
<td>$535,492</td>
<td>Funding studentships at the Albrechtsen Research Centre</td>
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<td></td>
<td>Dr. Arnold Naimark Award Fund</td>
<td>$43,343</td>
<td>Award to promote excellence in research at the postdoctoral level</td>
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<td></td>
<td>Dr. Henry G. Friesen Award Fund</td>
<td>$43,343</td>
<td>Award to promote excellence in research at the predoctoral level</td>
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<tr>
<td></td>
<td>Dr. J.D. Culligan Memorial Fund</td>
<td>$157,726</td>
<td>Education purposes for the Department of Anesthesia</td>
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<td></td>
<td>Dr. James S. McGoey Student Research Award</td>
<td>$45,286</td>
<td>Student award</td>
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<td></td>
<td>Dr. John Foerster Distinguished Lecture Fund</td>
<td>$44,210</td>
<td>Distinguished lecture</td>
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<td>Dr. Robert E. Beamish Fund</td>
<td>$79,349</td>
<td>Scholarships and named lectures for the Institute of Cardiovascular Sciences</td>
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<td></td>
<td>Dr. T. Edward Cuddy Student Research Award</td>
<td>$51,064</td>
<td>Student award</td>
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<td>Dr. Vincenzo Panagia Fund</td>
<td>$43,516</td>
<td>Lectureship of medical residents for the Institute of Cardiovascular Sciences</td>
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<tr>
<td></td>
<td>Fonds d’innovation Ronald Duhamel Innovation Fund</td>
<td>$331,127</td>
<td>Award to recipient demonstrating leadership &amp; innovation in health care</td>
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<tr>
<td></td>
<td>Fonds Sr. Jacqueline St. Yves Award Fund</td>
<td>$43,343</td>
<td>Best paper published in Manitoba-based cardiovascular research in a high impact journal in preceding calendar year</td>
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<td></td>
<td>Jack Litvack Award for Excellence in Service Fund</td>
<td>$48,134</td>
<td>Award to recognize excellence in service by an individual or agency in any field in support of research</td>
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<td></td>
<td>Kalwant (Ken) Dhalla Endowment Fund</td>
<td>$36,937</td>
<td>The Kalwant Dhalla Research Technician Award</td>
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<td></td>
<td>Ken Bowman Lectureship Fund</td>
<td>$44,383</td>
<td>Speakers to promote cardiovascular sciences</td>
</tr>
<tr>
<td></td>
<td>Mark G. and Patricia N. Smerchanski Endowed Studentship Fund</td>
<td>$447,211</td>
<td>Students in research</td>
</tr>
<tr>
<td>Designated to</td>
<td>Fund Name</td>
<td>Balance as at 12/31/20</td>
<td>In Support of</td>
</tr>
<tr>
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<tr>
<td>Education &amp; Awards (cont.)</td>
<td>Nick Shepel Student Award Endowment Fund</td>
<td>$ 36,277</td>
<td>Award to young investigators to promote excellence in research at a graduate level within the Division of Neurodegenerative Disorders</td>
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<tr>
<td></td>
<td>Palliative Medicine Residency Education Award</td>
<td>$ 50,612</td>
<td>Award to resident physicians working in the Palliative Care Program to promote educational experiences, research and excellence in patient care at a graduate level</td>
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<td>Pamela Waver Palliative Care Educational Award Endowment Fund</td>
<td>$ 20,823</td>
<td>Palliative Care Program</td>
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<td>St. Boniface Hospital Nursing Professional Development Fund</td>
<td>$ 151,190</td>
<td>St. Boniface Hospital nursing professional development</td>
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<td>TD Bank Group Graduate Student Award Endowment Fund</td>
<td>$ 100,068</td>
<td>An aboriginal graduate student conducting research at the Albrechtsen Research Centre</td>
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<td>The Frank &amp; Jeanne Plett Endowed Studentship</td>
<td>$ 155,126</td>
<td>Recognizing an undergraduate student and graduate student at the St. Boniface Hospital Albrechtsen Research Centre in an area of research</td>
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<td>The Jack Mowat Visiting Scientist Endowment Fund</td>
<td>$ 68,344</td>
<td>Internationally recognized scientist to present lecture to the Institute of Cardiovascular Sciences</td>
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<td></td>
<td>W.J. Hart Memorial Endowment Fund</td>
<td>$ 92,775</td>
<td>Scholarships in family medicine</td>
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<td></td>
<td>The Wyrzykowski Family Graduate Nurse Endowment Fund</td>
<td>$ 224,218</td>
<td>Support a new graduate from a baccalaureate/bachelor of nursing program</td>
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<td>Wyrzykowski Family Studentship Fund</td>
<td>$ 186,207</td>
<td>Award to promote excellence in research for an undergraduate student</td>
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<tr>
<td><strong>Total Education &amp; Awards</strong></td>
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<td><strong>Patient Care &amp; Research</strong></td>
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<td>$ 43,852,789</td>
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<td><strong>Education &amp; Awards</strong></td>
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<td>$ 4,228,593</td>
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<tr>
<td><strong>Total Endowment Funds</strong></td>
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<td>$ 48,081,382</td>
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</table>
You inspired us.
Confronting COVID-19

Together we raised more than $656,000 for St. Boniface Hospital’s critical response effort.

Front line health-care workers and COVID-19 patients at St. Boniface Hospital needed support, and you stepped forward to help supply thermometers, cots, a portable ultrasound, staff appreciation items, phone line and TV access for patients, and more. Thank you.

stbhf.ca