

News Release

FOR IMMEDIATE RELEASE

Good news for cardiac patients: CP announces \$100K gift to St. B. Donation to fund equipment and heart-health research

WINNIPEG – June 3, 2021 – Cardiac care and research in Manitoba got a boost today thanks to a \$100,000 donation from Canadian Pacific (CP). The gift will enable St. Boniface Hospital to purchase new cardiopulmonary exercise testing (CPET) equipment and fund a pilot study on the effects of eating beans or whole grains on blood vessels.

"Since 2014, we have been committed to making communities stronger and healthier through our CP Has Heart community investment program, which helps raise funds for research, prevention and treatment," said CP President and CEO Keith Creel. "With today's announcement, we have now helped raise over \$23.3 million for cardiac causes across our network. We are pleased to partner with St. Boniface Hospital Foundation to accelerate research and help purchase vital cardiac equipment to ensure the very best care is available today and in the future.

The investment from CP is good news for Canadians living with heart disease. The new CPET equipment will improve patient access to safe and high-quality testing. The tests give caregivers essential information to diagnose and treat their patients. CP's gift will allow the Hospital to replace its treadmill-based CPET with cycle ergometer-based testing equipment, recognized to be a more accurate diagnostic tool and a safer choice for patients.

CP hopes to inspire others to support this leading-edge equipment. The company will match new monthly donations from the community up to a total of \$50,000. This would fully fund the Hospital's CPET equipment needs.

"Heart disease is a leading cause of death among Canadians, and we commend CP for their commitment to improving the health of people in their communities, now and into the future," says Karen Fowler, President & CEO of St. Boniface Hospital Foundation. "CP has been a terrific partner to the Foundation for many years, having given more than \$330,000 to support patient care and research. We couldn't be more appreciative of this latest gift."

New food-science study

CP will also fuel food science research that will explore whether eating beans or whole grains improves the health of people at higher risk of heart attack and stroke. The Hospital's Canadian Centre for Agri-Food Research in Health and Medicine (CCARM) is uniquely positioned to lead this project, which builds on their past work evaluating the effects of pulses in young, healthy people.

By investigating the relationship between blood vessel health and these foods, it will be possible to inform health-care providers, dietitians, the food industry, and the public about the ways we can harness the power of the foods we eat to improve cardiac health and reduce both mortality and morbidity caused by cardiovascular disease.

Espoir et guérison Hope and Healing



-30-

Media Inquiries, contact:

Lisa Thomson Stifora Director of Communications & Stewardship St. Boniface Hospital Foundation Ph: 431-374-8235 Ithomsonstifora@stbhf.org

About St. Boniface Hospital Foundation

St. Boniface Hospital Foundation was founded in 1971 and is the primary fundraising organization for St. Boniface Hospital. The Foundation is dedicated to making possible the many innovations in health research and patient care taking place at the Hospital. St. Boniface Hospital is a leader in patient care excellence, delivered with genuine compassion. Research at *St. Boniface Hospital is where medical discoveries are made; science is translated into practices that improve human health; and today's best minds are shaping tomorrow's advances in health care. For more information, visit <u>www.stbhf.ca</u>.*

About Canadian Pacific

Canadian Pacific is a transcontinental railway in Canada and the United States with direct links to major ports on the west and east coasts. CP provides North American customers a competitive rail service with access to key markets in every corner of the globe. CP is growing with its customers, offering a suite of freight transportation services, logistics solutions and supply chain expertise. Visit <u>www.cpr.ca</u> to see the rail advantages of CP. CP-IR